

NATURAL SPEECH IS *IT* IN YOU?!

This Fluency packet is a great discussion tool to use in therapy!

Suggested uses:

Print each page and combine to make a packet. (Best to place into a pocket folder with brads).

Have students read each question and circle their answers – noting that students may have more than one answer for a question

Encourage the students to discuss their answer choices.

Use this packet as a “Fluency Journal” - Make notes on each page during discussions or, for the students that are able to, have the students make their own notes. For example – write down what kinds of feelings they have when they are talking to *different* adults (List specific teachers, friends’ parents, neighbors, etc.)

For older students, use in conjunction with the video:

“Stuttering: Straight Talk for Teens”

<http://www.stutteringhelp.org/Default.aspx?tabid=491>